

ASSOCIATES FOR PSYCHOTHERAPY & EDUCATION, PC
NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed and how you can get access to this information Please review it carefully.

The Health Insurance Portability and Accountability Act of 1996, (HIPAA), effective April 14, 2003, mandates that health care providers inform individuals of their rights with regard to Protected Health Information, (PHI) (information that is personally identifiable; your name, address, phone number, social security number, etc.). To this end we have listed below the individuals who have access to your PHI and the circumstances in which we would use or disclose your PHI:

Associates for Psychotherapy & Education, PC (any and all employees) will use and disclose PHI for the following reasons:

1. With consent from the Client or Parent should the client be a minor.
2. Where legal regulations explicitly demand disclosure without the client's consent. *Client is a danger to self or others, in the case of known or suspected child abuse or neglect, we may inform law enforcement officials, (i.e., Police, Sheriffs Dept., Department of Social Services) and when ordered to by a court order, court ordered subpoena, administrative tribunal, (social security admin).*
3. With your consent we will share information to coordinate your care with your primary care physician.
4. At your request we will send service information and diagnosis to your insurance company for claims payment. We will also abide with Quality Assurance practices of the insurance company if we send in claims to them.
5. At your request we will send information regarding your services to your attorney or other selected individual.
6. In the case of a mandatory employee assistance referral we will, with your consent, send compliance information to the appropriate person at work.
7. The department of Health & Human Services (HHS) can view your PHI as a part of a compliance audit with the HIPAA standards.

Associates for Psychotherapy & Education, PC (any and all employees) **will not** use or disclose PHI for monetary gain from advertising or marketing or as a part of independent or cooperative research.

The following are your rights to your PHI in our office:

1. Right of Notice - You have the right to read this privacy notice and know how Associates for Psychotherapy & Education, PC uses the clients' PHI, .
2. Right to Protect - You have the right to control the use of your PHI. HIPAA dictates that if you dont wish to give consent for disclosure of your PHI we will not take action against you.
3. Right to Access - You have the right to look at your PHI.
4. Right of Accounting - You get to know where your PHI goes.
5. Right of Amendment - You have the ability to request that the health care provider amend or modify the PHI.

Ironically, HIPAA also mandates that you be informed that Associates for Psychotherapy is not required to honor the previous requests. We will make every effort to comply with your requests.

Signature below indicates that I have read and understand My HIPAA privacy rights. Additional information is available to further explain your rights should you need additional assistance. Ask for and review it if you need additional explanation of your rights.

Name _____

DOB _____

MENTAL HEALTH DISCLOSURE

Treatment Philosophy-Explanation of Brief Therapy

Brief therapy is goal-directed, problem-focused treatment. This means that treatment goal/ goals are established after a thorough assessment. All treatment is then planned with the goal(s) in mind and progress is made toward meeting the goal(s) in a time efficient manner. I will take an active role in setting and achieving my treatment goals. My commitment to this treatment approach is necessary for me to experience a successful outcome. If I ever have any questions about the nature of the treatment or care, I will not hesitate to ask.

INITIAL
HERE: _____

Limits of Confidentiality Statement

All information between practitioner and client is held strictly confidential. There are legal exceptions:

1. The client authorizes a release of information with a signature.
2. The client's mental condition becomes an issue in a lawsuit.
3. The client presents as a physical danger to self.
4. The client presents as a danger to others.
5. Child abuse and/or neglect are suspected.
6. The violation of psychotherapy licensing laws is suspected.

In the latter three cases, the practitioner is required by law to inform potential victims and legal authorities so that protective measures can be taken. All written and spoken material from any and all sessions is confidential unless written permission is given to release all or part of the information to a specified person, persons, or agency. If group therapy is utilized as part of the treatment, details of the group discussion are not to be discussed outside of the counseling sessions.

INITIAL
HERE: _____

Release of Information

I authorize release of routine information to my insurance company for claims, certification, case management, quality improvement, and benefit administration, understanding that information may be shared with other therapists at Associates for Psychotherapy for emergency on-call purposes and clinical supervision.

INITIAL
HERE: _____

After Hours Access:

An on-call practitioner is available after hours to handle current client's urgent calls. By calling the main office number after hours, I will be instructed how to contact the on-call practitioner.

INITIAL
HERE: _____

Financial Terms: Cash payment, Deductibles and Co-payments

Associates will send claims to my primary insurance company, at no charge. A charge of \$55.00 will be assessed for missed appointments or appointments canceled with less than 24 hours notice. Emergency cancellations will be assessed a \$25.00 "time lost amount". Office services including phone calls will be charged at the same rate as my therapist's usual fee. The above fees are not covered by insurance plans. I am responsible for obtaining prior authorization for treatment from my insurance carrier when necessary. I am responsible for co-payment and deductibles as set by my benefit plan. I authorize Associates for Psychotherapy to send claims to and receive payment from my insurance plan for all current and future claims. Should my account become delinquent, I authorize a reasonable collection fee on any unpaid balance. Co-payment amounts are set by my benefit plan. Payment is due and payable at each appointment. A \$5.00 billing fee will be charged if my portion is not paid at time of service. **I understand that the information I receive regarding insurance coverage for my services (including copayment/coinsurance) is an estimate based on information received from my insurance company. Should the actual claims payment amount be different from this estimate, I agree that I am responsible to pay any additional amount.** I understand that I will be told of any costs for services beyond or outside of insurance benefits, or for special modalities of treatment not covered by benefit plan. A written agreement will be signed between this office/ practitioner and me.

Name _____

INITIAL
HERE: _____

This agreement will outline the understanding of what service is not a covered benefit. If I change insurance coverage it is my responsibility to inform this office. If at any time during treatment I become ineligible for insurance coverage, I will notify the office and become responsible for any balance due.

Cancellation and Missed Appointment Policy

INITIAL
HERE: _____

Associates for Psychotherapy understands emergencies but, my appointment time is reserved especially for me. I understand that I will be charged for missed or canceled appointments if I give less than 24 hours notice. Repeated "no-show" appointments could result in a referral back to the insurance company for assignment to another practitioner. My insurance will not be billed for missed or canceled appointments.

Case Closure

INITIAL
HERE: _____

Please note that your file may be closed if we do not have any contact with you for 90 days. Feel free to contact us if future services are desired.

Appeals and Grievances

INITIAL
HERE: _____

Associates for Psychotherapy, therapists' goal is to provide the best service appropriate to your needs. Any time I have questions, comments or complaints about services, I can feel free to contact Dr. Annette Long, Clinical Director of Associates for Psychotherapy & Education at 924 Indiana Ave Pueblo, CO 81004, The practice of psychotherapy is regulated by the Department of Regulatory Services, and questions or complaints may also be addressed to them at 1560 Broadway, Suite 1340, Denver 80203, 303-894-7766.

INITIAL
HERE: _____

I also understand that I may submit a complaint (a Grievance) to Associates for Psychotherapy at any time to register a complaint about my care or I may send the complaint directly to my insurance company. Associates for Psychotherapy has access to information and forms to facilitate this.

Consent for Treatment

INITIAL
HERE: _____

I authorize and request my practitioner carry out psychological exams, treatment and/or diagnostic procedures, which now, or during the course of my treatment become, advisable. I understand the purpose of these procedures will be explained to me upon my request and that they are subject to my agreement. I understand that while the course of my treatment is designed to be helpful, my practitioner can make no guarantees about the outcome of my treatment. Further, the psychotherapeutic process can bring up uncomfortable feelings and reactions such as anxiety, sadness, and anger. I understand that this is a normal response to working through unresolved life experiences and that these reactions will be worked on between my practitioner and me.

Client/Guardian Signature

Date

General Consent for Child or Dependent Treatment

I am the legal guardian or legal representative of the client and on the client's behalf legally authorize the practitioner/group to deliver mental health care services to the client. I also understand that all policies described in this statement apply to the client I represent.

Client Name

Client Social Security #

Signature of Legal Guardian/Legal Representative

Date

Therapist Signature

Date

ASSOCIATES FOR PSYCHOTHERAPY AND EDUCATION, PC.
CONFIDENTIAL CLIENT INFORMATION

Client Information

Name _____
Home Address _____
City _____ State _____ Zip _____
Home Phone _____ Work or cell Phone _____
May we call or leave a message at home / cell? YES NO
May we call or leave a message at work? YES NO
Date of Birth _____ Age _____ Sex _____
Social Security No. _____
Level of Education _____

Responsible Party Information

Name _____
Home Address _____
City _____ State _____ Zip _____
Home or cell Phone _____ Work Phone _____
Relationship to Client: Parent _ Spouse _ Other _
Referral Source _____
For Minors: Name(s) of Custodial Parent(s)
Guardian(s): _____

INSURANCE INFORMATION

Name of Policy Holder: _____
Policy Holder's Employer: _____
Employer Address _____ Phone # _____
Primary Insurance Co: _____ Member ID # _____ GROUP# _____
Secondary Insurance Co: _____ Member ID # _____ GROUP# _____

OFFICE USE ONLY

Intake Date: _____ **Discharge Date:** _____
Received Therapist Information ___Yes ___No Signed Mental Health Disclosure ___Yes ___No
Parity ___Yes ___No
Diagnosis: Axis I _____ Axis II _____ Axis III _____ Axis IV _____ Axis V _____
Other Contact Name _____ Phone # _____
_____ Phone # _____
Therapist: _____

Information Released

To _____ Info _____ Date _____ By _____
To _____ Info _____ Date _____ By _____
To _____ Info _____ Date _____ By _____

BEHAVIOR QUESTIONNAIRE SCALE

CLIENT'S NAME: _____ DOB: _____ DATE: _____

Below is a list of problems and areas of life functioning in which some people experience difficulties. Place an X on the response that best describes the degree of difficulty you have been experiencing in each area during the PAST WEEK. Please respond to each item. Do not leave any blank. If there is an area that you consider to be inapplicable, indicate that it is No Difficulty.

To what extent are you experiencing difficulty in the area of:	No Difficulty	A Little Difficulty	Moderate Difficulty	Quite a Bit of Difficulty	Extreme Difficulty
1. Managing day-to-day life (for example, getting places on time, handling money, making everyday decisions)					
2. Household responsibilities (for example, shopping, cooking, laundry, other chores)					
3. Work (for example, completing tasks, performance level, finding/keeping a job)					
4. School (for example, academic performance, completing assignments, attendance)					
5. Financial problems					
6. Leisure time or recreational activities					
7. Adjusting to major life stresses (Example: separation, divorce, moving, new job, new school, death of family/friend)					
8. Relationships with family members					
9. Getting along with people outside of the family					
10. Isolation or feelings of loneliness					
11. Being able to feel close to others					
12. Can't make friends					
13. Frequently feel guilty					
14. Feelings of suspiciousness or mistrust toward others					
15. Being realistic about yourself or others					
16. Feeling satisfaction with your life					
17. Lack of self-confidence, feeling bad about yourself					
18. Recognizing and expressing emotions appropriately					
19. Developing independence, autonomy					
20. Apathy, lack of interest in things					
21. Depression, hopelessness					
22. Fear, anxiety or panic					
23. Confusion, concentration, memory					
24. Can't make decisions					
25. Self-harm or suicidal thoughts now or previously					
26. Disturbing or unreal thoughts or beliefs					
27. Hearing voices that others do not hear					
28. See things others do not see					
29. Mood swings, unstable moods					
30. Uncontrollable, compulsive behavior (for example, eating disorder, hand-washing, hurting yourself)					
31. Physical symptoms (for example, headaches, aches or pains, sleep disturbance, stomach aches, dizziness)					
32. Victim of physical abuse					
33. Victim of sexual abuse					
34. Sexual activity or preoccupation					
35. Drinking alcoholic beverages					
36. Taking illegal drugs, misusing drugs					
37. Controlling temper, outbursts of anger, violence					
38. Past or present legal problems					

For ages 14 and older

Therapist Signature _____

NOTICE: FURTHER DISCLOSURE OF THIS INFORMATION IS PROHIBITED BY FEDERAL LAW (42 C.F.R., PART 2)

MEDICAL HISTORY

NAME _____ Male ___ Female ___ DOB _____ DATE _____

FAMILY PHYSICIAN _____

A. Immediate Medical History:

Are you currently being treated for any medical or surgical condition? Yes _____ No _____

If yes, please explain _____

If female, are you pregnant? Yes _____ No _____

Are you taking any medications now? List dosages and frequency. _____

Have you ever taken the following type of medications: Antidepressants, tranquilizers, antabuse, pain or sleeping pills? Explain: _____

Do you now have or have you ever had allergies and/or sensitivities? Please list: _____

Was there ever a time in your life you were using more alcohol or drugs than was good for you? What were the social, medical and/or legal complications?

B. List below any significant medical illnesses, injuries, and all surgeries you have undergone. Give year and place where treated. _____

C. List below any significant health problems of parents, grandparents, and other close relatives:

D. Date of last physical exam _____

Signature of Client

Date

Signature of Parent or Legal Guardian

Relationship

Therapist's Signature

Date 4/06